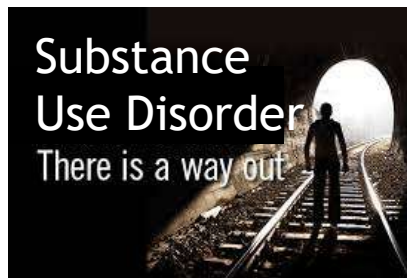


## What is Substance Use Disorder?

Substance Use Disorder, is a disease that affects a person's brain and behavior and leads to an inability to control the use of a legal or illegal drug or medication. Substances such as alcohol, marijuana and nicotine also are considered drugs. When you're addicted, you may continue using the drug despite the harm it causes.



## What is Recovery?

A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.



[www.StrengthInGRaCE.com](http://www.StrengthInGRaCE.com)

## Recovery Coach Professional

- ❖ Provide recovery coaching primarily in hospital emergency departments.
- ❖ Recovery Coach Professionals are being utilized on Quick Response Teams.
- ❖ Work closely with Emergency Department personnel and staff.
- ❖ Facilitate timely referrals and placements from hospital to treatment / recovery support providers.
- ❖ Connect recoveree to a larger community of care.
- ❖ Follow up with recoverees for 10 consecutive days.



### GRaCE

Greater Recovery and Community Empowerment  
For more information on how to become a Recovery Coach visit [www.StrengthInGRaCE.com](http://www.StrengthInGRaCE.com) or visit us on Facebook at The West Virginia Recovery/Life Coach Academy.

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## What training does a Recovery Coach Professional have?

- ❖ CCAR Recovery Coach Academy
- ❖ CCAR Ethical considerations for Recovery Coaches
- ❖ CCAR Recovery Coaching and Professionalism
- ❖ CCAR Recovery Coaching In the Emergency Department
- ❖ MAT (Medically Assisted Treatment)
- ❖ State of West Virginia approved Naloxone Training
- ❖ Active Listening Motivational Interviewing.

## What is a Community Recovery Coach and how can I connect with one?

A Community Recovery Coach is someone who has been through the CCAR Recovery Coach Academy and is interested in promoting recovery by removing barriers and obstacles to recovery, and by serving as a personal guide and mentor for people seeking or in recovery. Their goal is to listen without judgement and connect the recoveree to outside recovery services of their choosing.

Send an email with your location and any specific needs and you will be connected with a trained Community Recovery Coach to:

[BlueRidgeResourceCenter@gmail.com](mailto:BlueRidgeResourceCenter@gmail.com)

## What can I expect?

The goal of a GRaCE Recovery Coach Professional is to connect the recoveree to outside recovery services (i.e., community Recovery Coaches, recovery resource centers, and any immediate need).

We see recoverees as experts of their own lives, and our focus is on connecting the recoveree to what they see as their path to recovery. This is accomplished through motivational interviewing-asking what the recoveree desires for their recovery.

\*To hold the title "Recovery Coach Professional", you must complete both Recovery Coach Academy and Advanced Medical Recovery Coach Academy through GRaCE/Blue Ridge Community and Technical College. Those who complete either training else where would hold the title "Emergency Department Recovery Coach".



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## GRaCE Greater Recovery and Community Empowerment



GRaCE is a tax exempt  
501(c)(3) nonprofit.

Contact us at [GRaCEWestVirginia@gmail.com](mailto:GRaCEWestVirginia@gmail.com)

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CCAR = Connecticut Community  
for Addiction Recovery

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## GRaCE Recovery Coach Professional\*



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