



We are excited that you are interested in becoming a Recovery Coach Professional. This training is an intense, fast paced five-day class. At the completion of this class, you will become one of the 'special forces' in the Recovery Coach community- you will not only understand and demonstrate the importance of ethics and professionalism as a Recovery Coach, but also what it takes to work or volunteer in crisis and professional settings. Being a coach is to walk with someone as they become better. That might mean the person you are working with is considering making huge changes in their life as they navigate their recovery. Our goal as a coach is to ultimately empower the coachee to choose a path to change, and how to find the resources they need to do so. This is done through asking good questions and believing in the coachees capacity for change- giving hope. Being a Recovery Coach Professional is a serving role. As people become better, communities become stronger. By taking this class, you will have the opportunity to become part of a large network of Recovery Coach Professionals dedicated to helping folks in their own community and supporting each other.

The prerequisite to taking the Advanced Recovery Coach Professional Academy is completion of the Recovery Coach/Life Coach I class with three college credits. This is a 5 day class that meets 8am-4pm.

Students who successfully complete the Recovery/Life Coach I and the Advanced Recovery Coach training will receive:

A Skill Set Certificate of Completion from WV Higher Education as a Recovery Coach Professional (RCP). *

The designation of Recovery Coach Professional by Greater Recovery and Community Empowerment (GRaCE).

As more entities (hospitals, providers, and prisons) employ Recovery Coaches, an RCP represents a level of competence and expertise, elevating the standards for Recovery Coaches in professional settings.

An RCP is proficient in the art and science of recovery coaching through actively listening, motivational interviewing, ethical considerations and guidelines, maintaining poise and demeanor in crisis environments, and of the importance of accountability and responsibility. These skills are essential as a Recovery Coach Professional.

Advanced Medical Recovery Coach Academy includes:

- 20 hours of Ethics
 - 10 hours of Professionalism
 - 10 hours of Crisis Recovery Coaching.
- (CE's for PRSS offered)

* 55 Clinical/Field work hours required

The course includes 4 third party college credits

Objectives for Recovery Coach Professional

Upon completion of this course, students will be able to:

- Describe the role of the Recovery Coach Professional and its functions
- List the components of and the importance of SMART goals
- Explain accountability in the Recovery Coach Professional role
- Build skills to coach in crisis situations.
- Describe the importance of appearance as a Recovery Coach
- Explain the importance of reliability
- Apply active listening and Motivational Interviewing
- Explore ethics and boundaries
- Discover attitudes about stigma in different settings
- Explain ethical decision making
- Describe principles, morals, and values
- Increase awareness of the importance of etiquette and demeanor
- Explore case studies and ethical considerations in different settings.
- Examine ethical guidelines for the delivery of peer-based recovery support services
- Describe accountability and its importance
- Explain the importance of maintaining poise as an RCP
- Describe advocacy and its importance
- Practice newly acquired skills

For more information about upcoming classes, please visit www.StrengthenGRaCE.com
(click on the button “For more information about upcoming classes” on the home page).